

A woman in a military uniform, wearing a camouflage cap and jacket, is shown in profile, kissing a young boy on the cheek. The boy is smiling and looking towards the camera. The woman's hair is pulled back in a bun. The background is plain white.

# Quit Smoking Today for a Healthy Tomorrow.

Call 1-855-QUIT-VET (1-855-784-8838),  
open Monday through Friday from  
8 a.m. to 8 p.m. Eastern time for  
smoking cessation counseling.

## WOMEN VETERANS HEALTH CARE



**VA**  
HEALTH  
CARE

Defining  
**EXCELLENCE**  
in the 21st Century

[www.womenshealth.va.gov](http://www.womenshealth.va.gov)



09/2013